Uttar Pradesh Rajarshi Tandon Open University, Prayagraj

Assignment- 2022-2023

OECNC/AOCNC Maximum Marks: 30 Section - A **Maximum Marks: 18** Note: Long Answer type Questions. Answer should be given in 800 to 1000 words. Answer all questions. All questions are compulsory 1- Explain the importance and need of nutritional education in community. How can you change a normal diet into a therapeutic diet, through nutrition education? 6 2- Define Nutrition and Interrelationship between nutrition and health. Describe the role of 6 balance diet in body and its deficiency diseases. 3- Explain the various health programs presently being run by the government. 6 Section - B **Maximum Marks: 12** Note: Short Answer type Questions. Answer should be given in 200 to 300 words. All questions are compulsory 4- Write functions of protein in human body. 2 5- What is community nutrition? 2 2 6- What is Mid Day Meal? 2 7- Write about the communication methods. 8- Write a short note on community health education. 2 9- Define tools of communication. 2