

Uttar Pradesh Rajarshi Tandon Open University, Prayagraj
Assignment- 2025-2026

OECNC/AOCNC

Maximum Marks: 30

Section – A

Maximum Marks: 18

**Note: Long Answer type Questions. Answer should be given in 800 to 1000 words.
Answer all questions. All questions are compulsory**

- 1- Explain the importance and need of nutritional education in community. How can you change a normal diet into a therapeutic diet, through nutrition education? 6
- 2- Define Nutrition and Interrelationship between nutrition and health. Describe the role of balance diet in body and its deficiency diseases. 6
- 3- Explain the various health programs presently being run by the government. 6

Section – B

Maximum Marks: 12

**Note: Short Answer type Questions. Answer should be given in 200 to 300 words.
All questions are compulsory**

- 4- Write functions of protein in human body. 2
- 5- What is community nutrition? 2
- 6- What is Mid Day Meal? 2
- 7- Write about the communication methods. 2
- 8- Write a short note on community health education. 2
- 9- Define tools of communication. 2