U.P. Rajarshi Tandon Open University, Prayagraj

School of Health Sciences

MA (HOME SCIENCE)

Counselling Classes Schedule for MAHSC (JULY-2026)

Date 21.10.2026 – 30.11.2026

Time	11:00- 12:00	12:00- 01:00	01:00- 02:00	03:00- 04:00
Monday	**MAHSC-101** MP/ ZS/AR/TF	**MAHSC-102** MP/ ZS/AR/TF	**MAHSC-103** MP/ ZS/AR/TF	**MAHSC-104** MP/ ZS/AR/TF/AKS/AS/NS
Tuesday	**MAHSC-106** MP/ ZS/AR/TF	**MAHSC-107** MP/ ZS/AR/TF	**MAHSC-108** MP/ ZS/AR/TF	**MAHSC-109** MP/ ZS/AR/TF
Wednesday	**MAHSC-101** MP/ ZS/AR/TF	**MAHSC-102** MP/ ZS/AR/TF	**MAHSC-103** MP/ ZS/AR/TF	**MAHSC-104** MP/ ZS/AR/TF/AKS/AS/NS
Thursday	**MAHSC-106** MP/ ZS/AR/TF	**MAHSC-107** MP/ ZS/AR/TF	**MAHSC-108** MP/ ZS/AR/TF	**MAHSC-109** MP/ ZS/AR/TF
Friday	**MAHSC-101** MP/ ZS/AR/TF	**MAHSC-102** MP/ ZS/AR/TF	**MAHSC-103** MP/ ZS/AR/TF	**MAHSC-104** MP/ ZS/AR/TF/AKS/AS/NS
Saturday	**MAHSC-106** MP/ ZS/AR/TF	**MAHSC-107** MP/ ZS/AR/TF	**MAHSC-108** MP/ ZS/AR/TF	**MAHSC-109** MP/ ZS/AR/TF

Faculty: MP- Prof. Meera Pal; ZS- Dr. Zoomi Singh; AR- Dr. Arunima Rai; TF- Dr. Tooba Fatma
AKS- Amit Kumar Singh; AS- Anurag Shukla; NS- Niket Singh;

INSTRUCTIONS

- No classes on Sundays, 2nd Saturdays & holidays.
- All classes are held at School of Health Sciences, Saraswati Parisar, UPRTOU, Prayagraj.
- Contact the concerned faculty between 10:00 AM and 5:00 PM

Copy to:

1. PS to Hon'ble Vice – Chancellor for kind information
2. Registrar. UPRTOU- Prayagraj
3. Concerned Faculty member
4. In-Charge University Website.

Dr. Zoomi Singh 17.10.26
Dr. Arunima Rai 17/10/26
Dr. Tooba Fatma 17/oct/26

SOHS, UPRTOU.